

Welcome TO ST THOMAS' KENDAL

St Thomas' Church, Kendal

Welcome to St Thomas' Church Kendal. It's great that you are here as we gather for worship today – we love coming together as a family and pray that everyone will receive the Father's love, encounter Jesus and know the Spirit's power! If you are new please make yourself known to someone wearing a lanyard who will be delighted to help you feel at home.

Sunday 28th July

Theme: Life Questions

Title: What is God like?

Reading: Luke 15:1-7

Sunday 28th July — *Summer Sunday Service rota begins*

10.00am Everyone Together

Wednesday 31st July

12.00 noon Holy Communion— *join us for tea and cake before the service from 11.15am*

Preacher: George Briggs

Sunday 4th August

10.00am Everyone Together

Preacher: George Briggs

Holy Communion

Prayer for Healing and Wholeness is available at every service.

Come for yourself or for someone else. Prayer team wear green lanyards.

Midweek Holy Communion

During the summer, midweek Holy Communion will continue at 12noon each Wednesday. Instead of soup we will be serving tea and cake **BEFORE** the service from 11.15am. It will be lovely to see you.

Summer Sundays

From Sunday 28th July we begin our Summer Sunday rota. There will be one service only on a Sunday at 10.00 this service will be for everyone of every age. Holy Communion will be available every Wednesday at 12 noon and Sunday 4th August and Sunday 1st September at our 10am service.

Bereavement Course

Starting September

The death of a loved one can shock, traumatise and break your heart. Trying to avoid grief can hinder your healing. Suffering in silence does not make it go away.

In the Bereavement Journey you will find a safe place, where others who have experienced loss can share their experiences and empathise with you. This is suitable for all, not just Christians. You may want to bring someone along to encourage them.

The next Journey begins on Thursday 12th September at 2.00pm in the church lounge.

See Lorraine or the team for further information.

St Thomas' Heating and Net Zero Project

On the church website you will find information about our Heating and Net Zero Project. The PCC has agreed a carbon neutral scheme for the lounge and entrance area of church where our existing heating system has broken and no longer functions adequately. Our well-researched scheme involves an air to air heating system and has been designed with the support of the Diocesan Advisory Committee and our church architect. By moving away from gas boilers in a large part of our building, we will reduce our gas use by an estimated 70%, and significantly increase our contracted use of renewable electricity. This would mean an annual 12,000 ton carbon reduction! Planning applications are submitted and we are applying for grant monies and launching fundraising to cover the £40,000 cost of the project. Please pray for the progress of our project, and consider a gift or pledge towards the costs involved. *Thank you.*

Church Office - August hours

Please note the change of days for the church office which will be open 10-4pm Tuesday Wednesday Thursday during August.

Willing Hands Required

If you would be available to help unload the van, and possible laying out of the marquee to dry (if needed) on Thursday 1st August 12.30pm when all the camping stuff will be returned to church, following our youth summer camp at "Dreaming the Impossible" your help would be much appreciated. Just let the office know if you can help. Thank you:



Welcome duty during the summer!

Would you like the opportunity to be 'on the door' during the summer? There will be just the one service at 10 o'clock. You would need to be ready to welcome folks from 9.30 am. This really is a lovely way to serve, knowing you have greeted everyone worshipping with you on that day! **If you would like to do this on Sunday 25 August** then please have a word with Ivan and Carole Smith or ring the church office - we are sure you'll love it!

Alpha Course

We are all called to share our faith in different ways and a great way of helping people find Jesus for themselves is to invite them on an Alpha course. We are hosting the next Alpha every Thursday evening from 26th September to 5th December (inc a special weekend 8-9th November). Please be praying about which non-Christian friends, family, neighbours and colleagues you can invite (leaflets available now!). Any queries ask Pete Jorysz.



Jenny McIntyre

Jenny went to be with the Lord last weekend. Jenny's funeral will be held at St Thomas', on Monday 12th August.

Walk across the bay Arnside to Grange-over-sands

Walk for education with teach beyond UK. Saturday 17th August. Starting time TBC. Arnside Pier. Sign up and/or donate today. For more information see notice board or pick up a leaflet from reception.



General Prayer: For prayer requests please email prayergeneral@stkmail.org.uk or phone the office on 01539 730683.

Confidential Prayer: Please speak to Julie Barker or contact Julie at prayerconfidential@stkmail.org.uk.

Pastoral Prayer Ministry: - Individual, confidential appointments available for a deeper time of listening and prayer ministry. Speak to Lorraine Gibbard

Monthly Prayer Meeting

First Tuesday of the month for the whole church in church. There are no life group meetings on this day.