



Welcome to St Thomas' Church Kendal. It's great that you are here as we gather for worship today – we love coming together as a family and pray that everyone will receive the Father's love, encounter Jesus and know the Spirit's power! If you are new please make yourself known to someone wearing a lanyard who will be delighted to help you feel at home.

Sunday 18th May 2025
Theme: Living by His words
Title: "Love one another"
Reading: John 13:31-35

Sunday 18th May

9.00am Morning worship

10.45am Morning worship

7.00pm Holy Communion

Preacher: Neil Carter

Preacher: George Briggs

Preacher: George Briggs

Wednesday 21st May

12.00noon Holy Week Communion
followed by soup and roll lunch

Preacher: George Briggs

Sunday 25th May

9.00am Holy Communion

10.45am Morning worship

Preacher: George Briggs

Preacher: George Briggs

Prayer for Healing and Wholeness is available at every service.
Come for yourself or for someone else. Prayer team wear green lanyards.

EXCITING OPPORTUNITIES @ STK

Youth Ministry Leader.

We are advertising for a Youth Ministry Leader - part time to start in July 2025. This is an exciting and strategic role within our ministry. For more details please speak with George or a member of the staffing team Moyra Lee, Roger Porthouse, David Neale or take a look at the job spec and application form on the church notice board/website/church office.

Part Time temporary Administrator.

To join our existing staff team. Up to 2 days per week (flexible hours). Starting June - December 2025. For more details and job spec please contact the office.

WE ARE IN NEED OF VOLUNTEERS - CAN YOU HELP?

After services on a Sunday Morning.

We want to continue serving tea and coffee on a Sunday morning but we are **still very short of willing volunteers**. If this is a way in which you are able to serve please do contact Beth Booker or the church office.



Wednesday Soup.

After communion we serve soup and cake; **we are looking for more volunteers**, both to make soup and to serve, you don't have to do both. Why not give it a go! For more information see Helen Whittaker or give her a call on 07923405736

Christian Aid Week

There is still opportunity today to support the work of Christian Aid. Giving envelopes can be found in the reception area.



Electoral Roll

The Electoral Roll is now open again if you would like to go on it. Please see Barbara Handley or ask for a form at the Office. You need to be 16+ and baptised to qualify.

St. Thomas's Day Summer Fair

Put it in your diaries! 10-3 Saturday 5th July

Booking is open for stall holders. Contact Barbara Handley for details – barb@computers-and-things.co.uk.

Janet Sullivan

If any one would like to contribute to a gift for Janet as she leaves her paid role with us; please hand to Beth Booker who is in the office Tues-Thurs.

God is Great!

Tuesday 10th June 5-6pm

Colin Buchannan live in concert. Colin Buchanan kids Christian music has forged a unique place in the lives of generations of kids and families. The "10.9.8. God is Great" National Tour is visiting Kendal!

More information and tickets can be found on Parr St Church Website <https://parrstchurch.org> See notice on church lounge noticeboard.

Used Postage Stamps

If you have any used postage stamps from the UK and overseas/unwanted currency and you wish to donate them in aid of Bone Cancer Research Trust, you will find a box near the entrance/exit door.

King's Food Bank

From January to April the food bank has had 666 referrals, provided 18,840 meals and 18 kitchen starter packs.

There are 2 dates to go in your Foodbank diary:

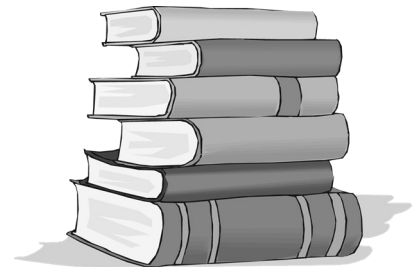
Saturday 14th June - Food Drive at Asda - so we will be looking for volunteers to distribute shopping lists and collect donations in hour slots at Asda.

Wednesday 25th June - Now at **Ruskins**, Kendal @ 7.30pm - Bill Holliday is giving a benefit concert in aid of the King's Food Bank. Please spread the word to make it a great evening.

We are in need of the following items in the Food Bank:

Tinned Fruit	Tinned Meat (Hot Dogs, Corned Beef, Ham)
Instant Soup / Cup-a-Soup	Tinned Rice Pudding
Tinned Ravioli / Spaghetti / Beans & Sausages	
Custard	Tea (80 Bags)
Small Jars of Coffee	Microwave Rice

Questions from our Sunday theme for personal reflection or group study



John 13.31-38

1. What are you worth? Are you conscious of where you get your answers to that question? Are there experiences that help you to answer that question? Are there particular scriptures that help you answer that question?
2. What is it about the foot washing at the start of John 13 that demonstrates the qualities and the extent of Jesus' love?
3. Jesus commands his followers to love one another. What does that actually look like? How have you experienced that? How might you do that intentionally this week?
4. Jesus intends us to be recognisable as disciples by our love – why is that important?
5. Can you see the people or places that are being shaped by your life – what are the ways you can express Jesus-inspired love to them?

Prayer & Pastoral Support

General Prayer: For prayer requests please email prayergeneral@stkmail.org.uk or phone the office on 01539 730683.

Confidential Prayer: Please speak to Julie Barker or contact Julie at prayerconfidential@stkmail.org.uk.

Pastoral Prayer Ministry: - Individual, confidential appointments available for a deeper time of listening and prayer ministry. Speak to Lorraine Gibbard

STK Pastoral Team - If you feel you need some support (or know others who do) please contact anyone on the team. All conversations and contacts will be confidential and held within the Pastoral Team. Details on how the team works and who to contact are on the website.